



# Stage 7 Golden to Denver Sunday, August 23, 2015



22 mph 35.4 kph	24 mph 38.6 kph	26 mph 41.8 kph	28 mph 45.1 kph	Point to Point	Miles Ridden	Miles to Go	KM Ridden	KM to Go	Action Taken	Course Directions
1:10 PM	1:10 PM	1:10 PM	1:10 PM	0.0	0.0	1.1	0.0	1.8	Start	12th and Washington St.
1:13 PM	1:12 PM	1:12 PM	1:12 PM	1.1	1.1	0.0	1.8	0.0	Right	CO 93
End Neutral Section										
1:13 PM	1:12 PM	1:12 PM	1:12 PM	0.0	0.0	68.1	0.0	109.7		<b>Race Start on CO 93</b>
1:19 PM	1:18 PM	1:17 PM	1:17 PM	2.5	2.5	65.6	4.1	105.6	Right	onto 58th Ave. from CO 93
1:22 PM	1:20 PM	1:20 PM	1:19 PM	1.1	3.6	64.6	5.8	103.9	cs	now on W 60th Ave.
1:24 PM	1:22 PM	1:21 PM	1:21 PM	0.6	4.2	63.9	6.8	102.9	Right	onto Easley Rd. from 60th Ave.
1:32 PM	1:29 PM	1:28 PM	1:27 PM	2.9	7.1	61.0	11.4	98.3	vLeft	at CO 58 on ramp
1:32 PM	1:30 PM	1:28 PM	1:27 PM	0.1	7.3	60.9	11.7	98.0	Right	onto 44th Ave. from Easley Rd.
1:36 PM	1:33 PM	1:31 PM	1:30 PM	1.4	8.6	59.5	13.9	95.8	cs	now on 10th St.
1:37 PM	1:34 PM	1:32 PM	1:30 PM	0.2	8.8	59.3	14.2	95.5	Left	onto Washington Ave. from 10th St.
1:37 PM	1:34 PM	1:32 PM	1:31 PM	0.2	9.0	59.1	14.5	95.2	cs	through Start Line
1:38 PM	1:35 PM	1:34 PM	1:32 PM	0.5	9.5	58.6	15.3	94.4	Right	onto 19th St. from Washington Ave.
1:42 PM	1:38 PM	1:36 PM	1:35 PM	1.2	10.8	57.4	17.3	92.4	cs	now on Lookout Mt. rd. - begin climb
1:54 PM	1:49 PM	1:46 PM	1:44 PM	4.3	15.1	53.1	24.2	85.5		<b>Sierra Nevada KOM Lookout Mountain - Cat. 3</b>
2:01 PM	1:56 PM	1:53 PM	1:50 PM	2.7	17.8	50.3	28.6	81.1	Left	onto US 40 from Lookout Mt. Rd.
2:13 PM	2:07 PM	2:03 PM	1:59 PM	4.3	22.1	46.0	35.6	74.1	Left	onto US 40
2:16 PM	2:10 PM	2:05 PM	2:01 PM	1.2	23.3	44.8	37.5	72.2	Left	onto Heritage Rd. from US 40
2:19 PM	2:12 PM	2:07 PM	2:03 PM	1.0	24.2	43.9	39.0	70.7	cs	at 6th Ave./US 6 onto Jefferson Co. Pkwy.
2:20 PM	2:14 PM	2:09 PM	2:05 PM	0.7	24.9	43.3	40.0	69.7	Left	onto Johnson Rd. from Jefferson Co. Pkwy.
2:23 PM	2:16 PM	2:11 PM	2:07 PM	0.9	25.8	42.4	41.5	68.2	cs	enter roundabout
2:23 PM	2:16 PM	2:11 PM	2:07 PM	0.0	25.8	42.4	41.5	68.2	Right	onto S. Golden Rd. from roundabout
2:24 PM	2:17 PM	2:12 PM	2:08 PM	0.6	26.4	41.8	42.4	67.3	vRight	onto onto Ford St. at roundabout - bump
2:26 PM	2:19 PM	2:13 PM	2:09 PM	0.4	26.8	41.3	43.1	66.6	Left	onto 19th St. from Ford St.
2:26 PM	2:19 PM	2:14 PM	2:09 PM	0.1	26.9	41.2	43.3	66.4	Right	onto Washington Ave. from 19th St.
2:27 PM	2:20 PM	2:15 PM	2:10 PM	0.4	27.4	40.8	44.0	65.7	Right	onto 13th St. from Washington Ave.
2:31 PM	2:23 PM	2:18 PM	2:13 PM	1.3	28.7	39.5	46.1	63.6	cs	now on 32nd Ave.
2:45 PM	2:36 PM	2:29 PM	2:24 PM	5.1	33.8	34.4	54.3	55.4	Right	onto Kipling St. from 32nd Ave.
2:46 PM	2:37 PM	2:31 PM	2:25 PM	0.5	34.2	33.9	55.1	54.6	Left	onto 26th Ave. from Kipling St.
2:50 PM	2:41 PM	2:34 PM	2:28 PM	1.5	35.8	32.4	57.6	52.1	Left	onto Wadsworth Ave. from 26th Ave.
2:52 PM	2:42 PM	2:35 PM	2:29 PM	0.6	36.4	31.8	58.5	51.2	Right	onto 32nd St. from Wadsworth Ave.
2:56 PM	2:46 PM	2:39 PM	2:33 PM	1.5	37.8	30.3	60.9	48.8	Right	onto Sheridan Blvd. from 32nd St.
2:56 PM	2:47 PM	2:39 PM	2:33 PM	0.2	38.1	30.1	61.3	48.4	Left	onto 29th St. from Sheridan Blvd.
3:01 PM	2:51 PM	2:43 PM	2:37 PM	1.6	39.7	28.5	63.8	45.9	Right	onto Speer Blvd. from 29th St.
3:02 PM	2:52 PM	2:44 PM	2:37 PM	0.3	40.0	28.1	64.4	45.3	cs	at Zuni St. - stay left to wrong side
3:02 PM	2:52 PM	2:44 PM	2:38 PM	0.3	40.3	27.9	64.8	44.9	cs	I-25 overpass
3:06 PM	2:55 PM	2:47 PM	2:41 PM	1.3	41.6	26.6	66.9	42.8	Left	onto Colfax Ave. from Speer Blvd.
3:06 PM	2:56 PM	2:48 PM	2:41 PM	0.2	41.8	26.4	67.2	42.5	Right	onto Fox St. from Colfax Ave. - enter circuit
3:07 PM	2:56 PM	2:48 PM	2:41 PM	0.2	42.0	26.2	67.5	42.2	Left	onto 13th Ave. from Fox St.
3:08 PM	2:57 PM	2:49 PM	2:42 PM	0.4	42.4	25.8	68.2	41.5	Left	onto Broadway from 13th Ave.
3:09 PM	2:58 PM	2:50 PM	2:43 PM	0.2	42.5	25.6	68.5	41.2		<b>LEXUS Sprint Finish Line - 4 laps to go</b>
3:09 PM	2:58 PM	2:50 PM	2:43 PM	0.1	42.6	25.5	68.6	41.1	Right	onto Colfax Ave. from Broadway
3:09 PM	2:58 PM	2:50 PM	2:43 PM	0.1	42.7	25.4	68.8	40.9	Left	onto Sherman St. from Colfax Ave.
3:10 PM	2:59 PM	2:51 PM	2:44 PM	0.2	42.9	25.2	69.1	40.6	Right	onto 17th Ave. from Sherman St. - divided
3:15 PM	3:04 PM	2:55 PM	2:48 PM	1.9	44.8	23.3	72.1	37.6	Left	to City Park at Steele St.
3:15 PM	3:04 PM	2:55 PM	2:48 PM	0.0	44.8	23.3	72.1	37.6	Right	at Y in park
3:15 PM	3:04 PM	2:56 PM	2:48 PM	0.3	45.1	23.1	72.5	37.2	Right	at 1st rightout of round-about
3:17 PM	3:05 PM	2:57 PM	2:49 PM	0.4	45.5	22.6	73.2	36.5	Right	at 3rd right out of round-about
3:17 PM	3:06 PM	2:57 PM	2:50 PM	0.3	45.8	22.3	73.7	36.0	Right	at 1st right out of round-about
3:18 PM	3:06 PM	2:57 PM	2:50 PM	0.1	45.9	22.3	73.8	35.9	Right	onto 17th Ave. from City Park Esplanade
3:22 PM	3:10 PM	3:01 PM	2:53 PM	1.6	47.4	20.7	76.3	33.4	Left	onto Lincoln St. from 17th Ave.
3:22 PM	3:11 PM	3:01 PM	2:54 PM	0.2	47.7	20.5	76.7	33.0	Right	onto Colfax Ave. from Lincoln St.
3:24 PM	3:12 PM	3:03 PM	2:55 PM	0.5	48.2	20.0	77.5	32.2	Left	onto Fox St. from Colfax Ave.
3:24 PM	3:12 PM	3:03 PM	2:55 PM	0.2	48.4	19.8	77.8	31.9	Left	onto 13th Ave. from Fox St.
3:26 PM	3:13 PM	3:04 PM	2:56 PM	0.4	48.8	19.4	78.5	31.2	Left	onto Broadway from 13th Ave.
3:26 PM	3:14 PM	3:04 PM	2:56 PM	0.2	48.9	19.2	78.8	30.9		Finish Line - 3 laps to go
3:43 PM	3:30 PM	3:19 PM	3:10 PM	6.4	55.3	12.8	89.1	20.6		Finish Line - 2 laps to go
4:01 PM	3:46 PM	3:34 PM	3:24 PM	6.4	61.7	6.4	99.4	10.3		Finish Line - 1 laps to go
4:18 PM	4:02 PM	3:49 PM	3:38 PM	6.4	68.1	0.0	109.7	0.0		<b>Race Finish on Broadway at Civic Center Park</b>